Recognize the signs carbon monoxide poisoning



Carbon Monoxide (CO) poisoning occurs when an internal combustion engine or improperly adjusted fuel-burning appliance is operated in a closed area without fresh air.

The early stages of CO exposure includes headaches, dizziness, drowsiness.

A conscious victim may look or act intoxicated. Other symptoms include blurred vision, irritability, and an inability to concentrate. Severe cases cause nausea and vomiting, shortness of breath, convulsions, unconsciousness, and eventually death.

If the victim is unconscious, move him/her to an area with fresh air and place him/her on his/her side with his/her head resting on an arm. If the victim is not breathing, begin mouth to mouth resuscitation and CPR if necessary and call 911.